

## Maine Family Planning Comparing Early Abortion Options

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### Medication Abortion

High success rate (about 97%)

Requires a minimum of 2 visits to the clinic

Non-invasive, as medications cause the abortion

Uses 2 medications: Mifeprex (mifepristone) and misoprostol

Must be 35 - 70 days (5-10 weeks) from last menstrual period

Requires ultrasound on day medication given

Woman has more involvement and control over abortion

May take several hours or a day to a few days to complete

Bleeding is often heavy with clots and cramping, although this varies

Complications rare

#### Considerations for Medication Abortion:

- Living arrangements & support person(s)
- Work & school schedules
- Travel & vacation plans
- Parenting responsibilities
- Privacy & confidentiality
- Ability to swallow a pill
- Ability to insert tablets into your vagina
- Under 18 years old must have involvement of a parent or guardian
- There may be factors that prevent you from having a medication abortion

### Aspiration Abortion

High success rate (about 99%)

Requires one visit to the clinic

Invasive procedure, as instruments are within the uterus

Uses vacuum aspiration

Beyond 70 days, aspiration remains the only option

Requires ultrasound and pelvic examination on day of appointment

Physician performs aspiration procedure

Procedure is completed in 10-15 minutes

Bleeding is usually light to moderate with few clots and some cramping, although this varies

Complications rare

#### Considerations for Aspiration Abortion:

- Living arrangements & support person(s)
- Work & school schedules
- Travel & vacation plans
- Parenting responsibilities
- Privacy & confidentiality
- There may be factors that prevent you from having an aspiration procedure at our clinic