



Family Planning Association of Maine

Your statewide voice for family planning

Making an Appointment for Abortion Services

How do I make an appointment?

By calling us:

- Augusta number: 207-626-3243
- Toll-free number: 1-866-531-7247

How far along in my pregnancy can I be?

You may access abortion services at the Family Planning Association of Maine as early as 5-6 weeks and as late as 12-14 weeks from your last menstrual period.

What is the cost for an abortion?

The cost to you can vary depending on any health insurance coverage you have.

- Many private insurance companies cover abortion care. We accept all private insurance for pre-certification.
- Although MaineCare does not cover abortion services, we offer a reduced fee for our patients who have MaineCare.
- If you have financial hardship, we will help you access funding resources. Ask for more details when you call.

The Family Planning Association of Maine is a non-profit organization.

Are there different abortion options?

Yes, we offer both aspiration abortion and medication abortion.

Do I need to come to the office more than once?

- Aspiration abortion only requires one visit.
- Medication abortion requires at least two visits.

How much time should I plan for my appointment?

We will do everything we can to make your visit as short as possible, but you should plan on four hours. The visit consists of:

- A personal medical history
- Information about the procedure
- Obtaining your informed consent
- The abortion procedure
- The recovery period (for aspiration abortion)

Can I bring a support person?

Yes. Each patient may bring one support person—your partner, a family member or friend.

What if I change my mind?

Our role is to support you in the decision you believe is right for you. If at any time prior to the procedure you change your mind, your decision will be respected.

Will I receive birth control?

Yes. Selected methods of birth control will be available to you before you leave.

Will my visit be confidential?

Yes. All of our services are confidential. No one may access your information without your permission. Your privacy is important to us.

Where are you located?

We provide abortion care services at our Augusta facility.

For more information, call us at 207-626-3243